



**LEGISLATIVE ASSEMBLY**  
FOR THE AUSTRALIAN CAPITAL TERRITORY

---

**SELECT COMMITTEE ON END OF LIFE CHOICES IN THE ACT**

Ms Bec Cody MLA (Chair), Mrs Vicki Dunne MLA (Deputy Chair), Ms Tara Cheyne MLA,  
Mrs Elizabeth Kikkert MLA, Ms Caroline Le Couteur MLA.

## Submission Cover Sheet

### End of Life Choices in the ACT

**Submission Number: 47**

**Date Authorised for Publication: 29/3/18**

**From:** [REDACTED]  
**To:** [LA Committee - EOLC](#)  
**Subject:** Select Committee on End of Life Choices in ACT  
**Date:** Friday, 2 February 2018 11:59:57 AM

---

Dear Committee Members

It is extremely important that I have a say in how and when I chose to end my life.

I spent 6 days watching my brother die in the most excruciating way. He had paliative care in hospital with morphene pumping through his veins, but nothing helped to eleviate his suffering. I felt utterly helpless as I pleaded for somebody on the medical team to help him. His eyes showed such pain as if screaming soundlessly. One of the young nurses wept with me as we watched him suffer.

I was so distraught that I was unable to think straight. Afterwards, I beat myself up for not putting a pillow over his face. Imagine!

Yes, I watched him die like that! Isn't that a crime?

I am NOT going to die like that! I will take whatever action I can to end my life before I lose the ability to make that choice.

How beautiful it would have been to say farewell to my brother in a calm, pain free and happier way. As it is, I still weep everytime I think of him. What a dreadful lasting memory to carry every day!

Sue Hayward  
[REDACTED]  
Bourkelands  
Wagga Wagga  
NSW 2650

M: [REDACTED]  
Email: [REDACTED]

Sent from my Samsung Mobile on the Telstra Mobile Network