



LEGISLATIVE ASSEMBLY
FOR THE AUSTRALIAN CAPITAL TERRITORY

SELECT COMMITTEE ON END OF LIFE CHOICES IN THE ACT

Ms Bec Cody MLA (Chair), Mrs Vicki Dunne MLA (Deputy Chair), Ms Tara Cheyne MLA,
Mrs Elizabeth Kikkert MLA, Ms Caroline Le Couteur MLA.

Submission Cover Sheet

End of Life Choices in the ACT

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From: Lidia Bilbatua
To: [LA Committee - EOLC](#)
Subject: submission on End of Life Choices
Date: Saturday, 3 February 2018 6:29:44 PM

Dear committee

I am writing to you to express my wish that to have the choice to end your life in some circumstances should be approved in all states in Australia following Victoria example.

I am from Woonona, NSW, and I have the motor neurone disease. I am sure, that like me, there are many people with terminal illnesses that would enjoy life till the top knowing that we have the choice to leave this world when we feel it is the right time. To have peace of mind, knowing we have some control for what it is going to happen in our future.

I love to walk in our beautiful beaches, to swim in the sea. I was competing in the Dragon boats Illawarra team. I love outdoors. I cannot participate in the Dragon boats activity due to muscular debilitation and I can communicate only with my Ipad.

I am trying to find a way to solve the anxiety and pavor that causes me to know that I will be totally paralysed, unable to move, to eat, to talk...just imagine yourself in that situation. Imagine the peace of mind that we all may feel knowing that we don't have to go through that stage, that we are free to go, that we have the choice.

For the above reasons, I am asking to vote for passing the bill of end of life choices following the example of Victoria and support the action being taken in Canberra to pass it.

Thank you for listening and reading this email.

Kind regards

Ms Lidia Bilbatua
Mob [REDACTED] (only text)