



LEGISLATIVE ASSEMBLY
FOR THE AUSTRALIAN CAPITAL TERRITORY

SELECT COMMITTEE ON END OF LIFE CHOICES IN THE ACT

Ms Bec Cody MLA (Chair), Mrs Vicki Dunne MLA (Deputy Chair), Ms Tara Cheyne MLA,
Mrs Elizabeth Kikkert MLA, Ms Caroline Le Couteur MLA.

Submission Cover Sheet

End of Life Choices in the ACT

Submission Number: 18

Date Authorised for Publication: 29/3/18

From: Phyllis Sequeira
To: [LA Committee - EOLC](#)
Subject: Support for Voluntary Euthanasia
Date: Friday, 5 January 2018 4:25:19 PM

I support voluntary euthanasia and will cover 3 areas in my submission to support this. I believe I should have a **choice in** how to live and end my life (within the constraints of the law). I am a practising **christian** and my beliefs include truly caring for and having compassion for people. More than anything I would like to have some dignity if I have a terminal illness or serious disability and to achieve this will need to live in a place with a fairer health system.

Personal Choice

I am 61 and like many baby boomers, we have changed the world by questioning norms and conventions. Most of us will live long healthy lives thanks to advances in medicine but some of us will fare very badly and our plight will be hidden and forgotten when we become very sick or in need of high care. I have nursed a terminally ill family member and have visited many nursing homes and I see suffering 24/7, over medication, and for the fortunate ones increasing morphine doses and a slow prolonged death. This is a system which neglects the dying and makes them wait it out for the benefit of those in society who have loudest voices. I attended a seminar held by the Wolper Hospital on this issue. It was held at the Bondi Hoyts cinema and over 500 people mainly old attended. Almost everyone was pro voluntary euthanasia and had numerous tales of suffering including their own and lack of personal choice .

Christian

I am a christian with christian beliefs and I support voluntary euthanasia which I do not consider to be killing in the biblical sense. Our system keeps people alive at all costs- why is this considered christian?

Broken System

Those in hospitals and nursing homes have long since lost the skills to write submissions to you. So you need to go and visit these places and talk to people. Consider what life is like for them . We need to build a better more caring health system to replace a slow torturous death with no choice and no dignity.

Phyllis Sequeira

[REDACTED]

[REDACTED] South Coogee 2034

5 Jan 2018