



**LEGISLATIVE ASSEMBLY**  
FOR THE AUSTRALIAN CAPITAL TERRITORY

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**SELECT COMMITTEE ON END OF LIFE CHOICES IN THE ACT**

Ms Bec Cody MLA (Chair), Mrs Vicki Dunne MLA (Deputy Chair), Ms Tara Cheyne MLA,  
Mrs Elizabeth Kikkert MLA, Ms Caroline Le Couteur MLA.

## Submission Cover Sheet

### End of Life Choices in the ACT

**Submission Number: 149**

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**From:** cariba heine  
**To:** [LA Committee - EOLC](#)  
**Subject:** Submission  
**Date:** Thursday, 22 February 2018 10:15:00 AM

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My name is Cariba Heine of [REDACTED] Gilmore ACT 2905. My family recently lost our grandfather in a rather traumatic experience because assisted dying was not available to him. The current practice of withholding food and water until a patient dies is barbaric and no family should have to watch a loved one suffer to that extent.

My grandfather had communicated clearly when he was well as to his wishes incase he became gravely ill and also for his death. We weren't able to afford him the dignified death he specifically asked for which has caused our family an unimaginable amount of pain and guilt following his death.

Our entire family is now in support of assisted dying because of our experience.

I appreciate the opportunity to weigh in on this subject and will continue to campaign for and support assisted dying.

Cariba Heine  
[REDACTED]

Sent from my iPhone