



LEGISLATIVE ASSEMBLY
FOR THE AUSTRALIAN CAPITAL TERRITORY

SELECT COMMITTEE ON END OF LIFE CHOICES IN THE ACT

Ms Bec Cody MLA (Chair), Mrs Vicki Dunne MLA (Deputy Chair), Ms Tara Cheyne MLA,
Mrs Elizabeth Kikkert MLA, Ms Caroline Le Couteur MLA.

Submission Cover Sheet

End of Life Choices in the ACT

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From: Sylvia G
To: [LA Committee - EOLC](#)
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To Whom it May Concern

I am very much in favour of end of life choices and voluntary assisted dying for those who want it.

My mother was a very glass half full person all her life and got through many hard times gracefully, with courage and with dignity. When she got breast cancer and other health issues she still remained positive until the radiation destroyed her insides and she was in constant pain and had a great loss of dignity. She knew she was coming to the end of her life and suffered greatly with not being able to choose her own time, with the pain and with the loss of dignity. She talked about wanting to be relieved of her suffering non stop and asked every one she came across if they could help her or how she could go about killing herself. In the end and in desperation she attempted suicide. Weeks of increasing suffering later she died a painful, drugged out death with no dignity. I found it heartbreaking to watch my mother not be granted this one wish and granted peace at the end of her life.

I think having end of life choices and regulations would relieve much suffering and provide a safe framework for doctors, patients and their families instead of the pain and possibly legal problems that are happening now. Also I don't believe in the argument of 'playing God', if people want to go down that road then every medical intervention is 'playing God'.

Kind regards, Sylvia Grey.