



LEGISLATIVE ASSEMBLY
FOR THE AUSTRALIAN CAPITAL TERRITORY

SELECT COMMITTEE ON END OF LIFE CHOICES IN THE ACT

Ms Bec Cody MLA (Chair), Mrs Vicki Dunne MLA (Deputy Chair), Ms Tara Cheyne MLA,
Mrs Elizabeth Kikkert MLA, Ms Caroline Le Couteur MLA.

Submission Cover Sheet

End of Life Choices in the ACT

Submission Number: 80

Date Authorised for Publication: 29/3/18

From: Christa Weber
To: [LA Committee - EOLC](#)
Subject: End of Life
Date: Wednesday, 7 February 2018 5:44:07 AM

Dear Committee members

I am 75 years old and have assisted many people coming to terms with their dying. First as a councillor then as a volunteer at a hospital program called „sitting with the dying“.

Some are reconciled with the fact that their life is at an end, grateful that they have good palliative care. Some are angry that they have to be in a hospital but still want to have everything done to prolong life and some are desperately unhappy that they still are alive when there is nothing to live for anymore. The big word here is CHOICE. We need to be supported in making that decision to either hang in there or to call it quits.

I have seen people in terrible pain crying out to be helped to die. Had there been a people friendly law they would have chosen to die at home peacefully.

I know of some men who had gone home to shoot themselves.

Some men and women who left the hospital or nursing home to take an overdose of their saved up medicine. In many cases these attempts to shorten their suffering fail and they are left worse off.

HOW DARE WE DECIDE HOW AND WHEN PEOPLE DIE. THIS IS OUR LIFE AND ONLY WE DECIDE.

Sorry, I am getting angry. Just know there is NO slippery slope. Look at the Swiss system and you will find there is no unwilling voluntary death.

CHOICE is the word

Thank you for reading this

Christa Weber
Sent from my iPad Christa Weber

From: Christa Weber
To: [LA Committee - EOLC](#)
Subject: Rec.
Date: Wednesday, 7 February 2018 1:49:22 PM

Dear committee members

I did write you a letter yesterday. I just realised that I forgot to mention the latest good book that EVERYBODY concerned with making up their mind about VE has to read.

A GOOD LIFE TO THE END by Ken Hillman practising intensive care specialist who is a Professor of Intensive Care at the University of NSW ETC.

Thank you for reading and recommending it.

Sent from my iPad Christa Weber