



**LEGISLATIVE ASSEMBLY**  
FOR THE AUSTRALIAN CAPITAL TERRITORY

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**SELECT COMMITTEE ON END OF LIFE CHOICES IN THE ACT**

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## Submission Cover Sheet

### End of Life Choices in the ACT

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**From:** Carole Gamble  
**To:** [LA Committee - EOLC](#)  
**Subject:** Dying with Dignity- a submission from a registered nurse (retd)  
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I watch with interest and frustration as the old arguments are tabled by folk concerned about being personally (or politically) condemned for supporting assisted dying legislation. Dying is for everyone and having some choice in the manner of departure makes sense to me and between 60 and 90% of our population, depending upon which surveys we look to. As an oncology nurse who specialised in the end (no pun intended) in palliative care I know that sometimes good deaths are possible in hospitals but also realise that most are definitely not easy and dignified and not what I want for myself or my family and friends. Please be brave, please allow the laws to be clear and options to be available that are accessible to all. It's too important to be vacillating and fiddling around the edges. I want to choose my death, at home, in as much comfort as possible with honest expectations of a dignified exit. It's heartbreakingly painful to see patients struggle with end of life unmet needs and see the strain this puts on their families who feel so helpless. YOU can change this! Please do so.

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