



LEGISLATIVE ASSEMBLY
FOR THE AUSTRALIAN CAPITAL TERRITORY

SELECT COMMITTEE ON END OF LIFE CHOICES IN THE ACT

Ms Bec Cody MLA (Chair), Mrs Vicki Dunne MLA (Deputy Chair), Ms Tara Cheyne MLA,
Mrs Elizabeth Kikkert MLA, Ms Caroline Le Couteur MLA.

Submission Cover Sheet

End of Life Choices in the ACT

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From: wendy williams
To: [LA Committee - EOLC](#)
Subject: Select Committee on End of Life Choices in the ACT
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To Whom it May Concern

I have long held the view that I do not want to live until I am sick and worsening. I take care of myself and live a balanced, healthy life. Until 2016 I was well and am, still, for the most part well. I now have Ulcerative Colitis. It is well-managed and I live a normal life, bar when I have flareups. This is an unpredictable condition. Should it reach a stage that I become housebound or it becomes terminal I'd like to be in a position to manage my end of life. I see no benefit or sense in extending an horrible existence. I also see no sense in wasting my, or the money of others, including (especially) tax payer money on extending life and impacting unnecessarily on the health system. I'd rather die safely and well than fail a suicide. I would like to see a Select Committee on end of life choices in the ACT in operation. I am of sound mind and would be happy to appear as a witness at a public hearing.

Contact details:

Wendy Mills/Williams

 Killara, NSW, 2071

Wendy Mills (nee Williams)