



LEGISLATIVE ASSEMBLY
FOR THE AUSTRALIAN CAPITAL TERRITORY

STANDING COMMITTEE ON HEALTH AND COMMUNITY WELLBEING
Mr Johnathan Davis MLA (Chair), Mr James Milligan MLA (Deputy Chair), Mr Michael Pettersson MLA

Inquiry into ACT Budget 2021–22
ANSWER TO QUESTION ON NOTICE

QoN No - 69

Asked by Elizabeth Kikkert:

Ref: Youth Affairs, Budget Outlook, p. 65, output class CSD 1.1 Inclusion and Participation (Youth);
output 1, output 2 (Education)

In relation to:

1. Which and how many youth in the ACT will have access to the Moderated Online Social Therapy (MOST) online platform for young people?

MINISTER DAVIDSON: The answer to the Member's question is as follows:–

The Moderated Online Social Therapy (MOST) platform is designed to complement face to face mental health services delivered through ACT Government funded Child and Adolescent Mental Health Services (CAMHS) and Commonwealth funded Headspace services. This approach is consistent with the roll-out of MOST in other jurisdictions.

The program is currently suitable for young people between the ages of 12 and 25 years. MOST would be available to all young people in this age group accessing CAMHS or headspace and includes those: assessed as eligible for services but are waiting for allocation to a clinician; transitioning between services: or who may benefit from short term support following discharge.

If the initial trial period is successful, it is estimated that 2,795 young people will access MOST, per year, averaged over a four-year period.. This estimate was made on the basis of 80% uptake of the MOST program from these target groups. It is expected that, if MOST is funded for the full four-year period, the numbers will grow over the first two years to reach this number at full operation.

Approved for circulation to the Standing Committee on Health and Community Wellbeing

Signature:

Date: 24/11/2021

By the Minister for Mental Health, Minister Davidson

